




Must-Stops in Florence, the City of Art



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saber,
Sí
ocupa
un lugar



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EDITORIAL

June is busting out¹ all over! The title of a famous song from Hollywood musical *Carousel* perfectly sums up² this month's magazine, as usual replete with articles to suit³ all tastes, interests and levels.

Let's start with *At Large*. Sometimes, as the saying goes, the apple doesn't fall far from the tree⁴, meaning some kids take after their parents. We have twelve examples of celebrity children following in the footsteps⁵ of a famous parent.

One legendary mother everyone knows is Madonna. We pay homage⁶ to her in *Music & Lyrics* as she returns from a 4 year hiatus⁷, inspired by Latin rhythms and Portuguese fado and in the guise of⁸ the mysterious *Madame X*, hence⁹ the name of her new album.

If you are looking for success or fulfillment¹⁰, the key may be emotional intelligence. Do you have the social skills, empathy and self-awareness¹¹ to achieve it? In *Psychology*, we examine what we need and don't need when seeking¹² to successfully manage our emotions.

Places can provoke an emotional reaction. When we visit somewhere for the first time, it can have a profound effect on us. One such place for many people is Florence, the capital city of Tuscany in Italy, which feels like a living sculpture, museum and monument all rolled into one¹³ perfect experience. In *Travel* we offer you 8 places to visit which will delight all the 5 senses.

In our language sections, Research & Development, some confusing verbs and houses and gardens are all on the menu, whilst in *Food & Drink* the joys of juicing will keep your energy levels topped up¹⁴.

The next magazine will be our double summer edition so stay tuned! In the meantime, stay in contact via www.facebook.com/EnglishToday where we keep you up to date with tips to improve your English. See you soon!

Tony Keirle, Pedagogical Coordinator

Glossary

1 to bust out estallar

2 to sum up resumir

3 to suit satisfacer

4 the apple doesn't fall far from

the tree de casta le viene al galgo

5 to follow in the footsteps seguir los pasos

6 to pay homage rendir homenaje

7 hiatus hiato

8 in the guise of con apariencia de

9 hence de ahí

10 fulfillment realización

11 self-awareness autoconciencia

12 to seek buscar

13 all rolled into one todo junto

14 to top up recargar

15 to stay tuned permanecer atento

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Celebrity

Victoria & Cristina Iglesias

Victoria and Cristina Iglesias, the twin daughters¹ of Julio Iglesias and Miranda Rijnsburger, are about to launch² their modelling careers. Their mentor is none other than³ Anna Wintour, *Vogue* USA Editor-In-Chief and the most powerful woman in fashion. They were invited to the Met Gala, the most

important event in the fashion world. The two 18-year-old sisters shared the red carpet with the likes of⁴ Lady Gaga, Harry Styles, Serena Williams, Rihanna, and Ryan Reynolds. Victoria and Cristina have thousands of followers on Instagram, today's best platform to become known around the world.

Health and Science

The Most Dangerous Place to Sit in a Car

According to⁵ new research by the Insurance Institute for Highway Safety (IIHS) in the US, passengers in the back seats are more at risk⁶ of suffering injury⁷ or death than people seating in the front seats. This is because safety in back seats is not as developed⁸. Front seats enjoy safety measures⁹ like airbag

technology. The report found that rear¹⁰ seatbelts¹¹ are less efficient and urges car manufacturers to focus¹² more on backseat passengers. "We're confident that vehicle manufacturers can find a way to solve this puzzle in the back seat just as they were able¹³ to do in the front," Harkey said.



How May Toads Help Humans?

A recent study shows how the milky¹⁴ and psychoactive secretion coming out of the glands of an American toad could treat depression. Scientists studied the secretion of the 'Bufi Alvarius', a toad native to the Colorado River. They found that it contains a compound called 5-MeO-

DMT, a psychedelic tryptamine present in the ayahuasca plant. When a person inhales its vapor, it triggers¹⁵ a short but very intense psychedelic experience that suppresses the ego. The authors reported that average depression rates¹⁶ decreased by 18 percent one day after inhaling the substance, while¹⁷ anxiety decreased by 39 percent and stress by 27 percent.



An Implant in Our Brain Turns Thought into Speech

A group of researchers are developing a decoder that will turn brain signals into¹⁸ words. This will allow¹⁹ people suffering from injuries or paralysis to speak. Study author Josh Chartier said in a statement that "We still²⁰ have a way to go to perfectly mimic spoken language... We're quite good at²¹ synthesizing slower speech²² sounds like 'sh' and 'z' as well as²³ maintaining the rhythms and intonations of speech and the speaker's gender and identity, but some of the more abrupt sounds like 'b's and 'p's get a bit fuzzy²⁴."



Nature & Environment

Do Biodegradable Shopping Bags Work?

Researchers at the University of Plymouth set about²⁵ proving whether²⁶ biodegradable bags are effective. They used four types commonly used in the UK: biodegradable, oxo-biodegradable, compostable, and conventional high-density polyethylene materials. They buried²⁷ them in soil²⁸, submerged them in water or left them in the open air. The researchers found that they take much longer than expected²⁹ to break down³⁰ completely and that they can remain³¹ in nature for up to³² three years before disappearing.



A Three-Eyed Snake Discovered in Australia

Agents of the Parks and Wildlife Commission of the Northern Territory, in Australia, published on Facebook the discovery of a unique snake specimen with three functional eyes on Facebook. In the absence of detailed genetic analysis, experts believe that the snake belongs³³ to the species *Morelia spilota*, also known as³⁴ carpet python or diamond python. "The snake is peculiar. As an x-ray revealed, it was not two separate heads together, rather³⁵ it appeared to be one skull³⁶ with an additional eye socket³⁷ and three functioning eyes", the agency explained in the Facebook post.

Glossary

1 twin daughters gemelas
2 to be about to estar a punto de
3 none other than nada menos que
4 the likes of de gente como
5 according to según
6 to be at risk estar en riesgo
7 injury lesión
8 not as developed no está tan desarrollada
9 measure medida
10 rear trasero
11 seatbelt cinturón de seguridad
12 to focus centrarse

13 just as they were able del mismo modo que pudieron
14 milky lechoso
15 to trigger activar, desencadenar
16 average rates tasa media
17 while mientras que
18 turn into convertir en
19 to allow permitir
20 still aún
21 quite good at bastate buenos en
22 speech habla
23 as well as así como
24 fuzzy confuso
25 to set about to proponerse

26 whether si
27 to bury enterrar
28 soil tierra
29 much longer than expected mucho más de lo esperado
30 to break down descomponerse
31 to remain permanecer
32 up to hasta
33 to belong pertenecer
34 also known as también conocida como
35 rather más bien
36 skull cráneo
37 socket cuenca